

A = Averaging (# of miles) per day
 F = # = Days of food to carry

Direction and Timing

⊙ day = Rest day
 ⊙ L = Lodging

MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Amicola Falls F=5 A=12	9 10	11	12
13	Hiawassee, GA F=6-7	⊙ day ⊙ L A=13	15	16	17	18
20	21	F=5 FONTANA DAM NC	⊙ day ⊙ L	23	24	25
27	Davenport Gap, NC	NO MAIL DROP GET A 3 DAY SUPPLY	29	30	31	

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					F=4-5 Hot Springs ⊙ day ⊙ L	2
3	4	5	Elwin, TN F=3-4 A=15	6	7	ELK PARK, NC ⊙ day F=5 A=15
⊙ day ⊙ L	10	11	12	13	14	Damascus VA F=5 ⊙ day ⊙ L
17	18	19	20	21	22	23
A=15					ATKINS, VA ⊙ day F=5-6	
24	25	26	27	28	29	30
					⊙ day Pearisburg VA F=5	⊙ day